

Criteria for Substance Use Disorders

Substance Abuse

When any one of A and both B and C are "yes," a definite diagnosis of abuse is made

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|---|-----------|------------|
| A. Has the client experienced the following? | <u>No</u> | <u>Yes</u> |
| 1. Recurrent failure to meet important responsibilities due to use? | _____ | _____ |
| 2. Recurrent use in situations when this is likely to be physically dangerous? | _____ | _____ |
| 3. Recurrent legal problems arising from use | _____ | _____ |
| 4. Continued to use despite recurrent problems aggravated by the substance use: | _____ | _____ |
| B. These symptoms have occurred within a 12 month period | Yes | _____ |
| C. Client had <i>never</i> met the criteria for dependence | Yes | _____ |

Substance Dependence

When any three of A and B are "yes," a definite diagnosis of dependence is made

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|---|-----------|------------|
| A. Has the client experienced the following? | <u>No</u> | <u>Yes</u> |
| 1. tolerance (needing more to become intoxicated or discovering less effect with same amount) | _____ | _____ |
| 2. *withdrawal (characteristic withdrawal associated with type of drug) | _____ | _____ |
| 3. Using more or for longer periods than intended? | _____ | _____ |
| 4. Desire to or unsuccessful efforts to cut down? | _____ | _____ |
| 5. Considerable time spent in obtaining the substance or using, or recovering from its effects? | _____ | _____ |
| 6. Important social, work, or recreational activities given up because of use? | _____ | _____ |
| 7. Continued use despite knowledge of problems caused by or aggravated by use. | _____ | _____ |
| A. Are three or more of the above positive? | yes | _____ |
| B. Have these positive items been present during the same 12 month period? | yes | _____ |

Note: A clear cut withdrawal syndrome is not present with some classes of drugs: caffeine, phencyclidine, or hallucinogens.